

MANNA WORKS



Uplifting News About a Caring Community



Volume 12, Issue 3

Summer 2011

Mark Your Calendars - Manna is turning 30!

This fall, Manna on Main Street commemorates its 30th Anniversary! As we prepare for the festivities ahead, we reflect on the reasons to celebrate.

- Our community has access to fresh and healthy foods.
- Individuals facing hunger have a welcome table.
- We remain a home for those wanting to serve.

Through the tremendous support and generosity of this community, Manna has helped to feed and care for thousands. We have much to be thankful for and much to celebrate! We want to celebrate with you at our fall events! Cheer on your community and join us for a terrific reception as we honor three individuals for their dedicated service: Bob Fritz, Nancy Seipt, and Terry Walton. Please save these dates. Thank you!

Celebrating 30 Years of Service!

MANNA on MAIN Street
EST 1981
30
YEARS of SERVICE
in our COMMUNITY

Manna on Main Street is a food cupboard, soup kitchen and emergency financial aid provider serving the North Penn region. The vision of Manna on Main Street is "that everyone might be fed."

5K Race & 1 Mile Fun Run
Saturday, October 8, 2011
9:00 a.m. - Peardale Middle School

Reception & Auction
Sunday, November 6, 2011
4:00 p.m. - PineCrest Country Club

Save these Dates!
We want to celebrate with you.
With your support, we believe that everyone might be fed.
For more information, please contact
Kristyn DiDominick, kristyn@mannaonmain.org
215-855-5454

www.mannaonmain.org facebook.com/MannaOnMain

Join our 30:30 Campaign! Contribute \$1 for each year of service to our community. We'll send you a wristband that proudly displays our hope, "that everyone might be fed." Donate online by clicking *Causes* under facebook.com/MannaOnMain. Or, send a check made payable to "Manna on Main Street" and let us know your gift supports the 30:30 Campaign. Visit www.mannaonmain.org for 30 ideas to raise \$30!

The Bare Necessities

At Manna on Main Street, serving those in need goes beyond just serving food. We have a financial assistance program that helps families, individuals, and seniors who experience unforeseen emergencies. Manna might step in to keep their electric service on, or to pay their rent for a month.

Ralph is an aging client who uses Manna's soup kitchen and food pantry, and he pays weekly to rent a room nearby. He is disabled and receives a very limited fixed income that doesn't allow him to buy the basic needs that most of us take for granted. Recently, Ralph found himself without bath towels, wash cloths, socks, or underwear.



With no extra funds, and no family to lean on, he turned to Manna. Our team sprung into action! While we don't collect donations of clothing and goods at Manna, we do have generous donations of gift cards. Earlier that week, a wonderful neighbor had donated some Target gift cards for us to use however we needed most. The staff was able to use those cards to refill Ralph's linen closet and sock drawer. To most, these small necessities often go unnoticed, and yet Ralph was overcome with gratitude. We are so thankful to our supporters and extended Manna family for making Ralph's life just a little bit brighter.

Stay Cool, Lansdale!



Hot summer days are here! Manna helps seniors cool down.

For low-income seniors, hot summer days bring tough choices - like paying to cool their homes instead of paying for medications. Many of our neighbors face big utility bills with few resources available. Our Summer Cool Down Program prepays electric bills for seniors, allowing them to stay healthy by running fans or air conditioners.

For 14 years, we've been helping seniors stay healthy in the heat. If you would like to support this program, please give us a call. If you're a senior in need of help this summer, please reach out to us! We'll need a copy of your recent utility bill to confirm that you're up to date on payments.

Season's Needs

Food Themes

July ... Help us get our day *and* our summer off to a great start by donating wholesome, healthy boxes of cereal.

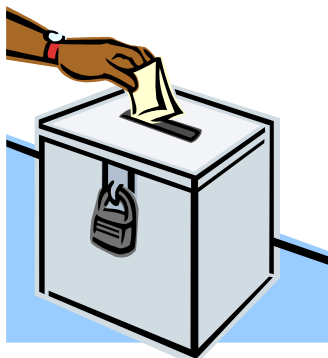


August ... Everyone loves produce in the summer. Help our guests enjoy a healthy treat by donating canned and fresh fruit to the pantry.

September ... There's nothing better than apple picking. So whether this is your first time, or you go every year, take a visit to a local orchard and share your collections with Manna!



Attention: Volunteers!



Calling all Manna volunteers! Can you share a positive experience? Would you like to see a certain area improved? Manna's Governance Committee would like to hear from you. Starting in July, Committee members Mary Fuller and

Susan O'Neil will open the Volunteer Feedback Forum as a venue for volunteers to express their thoughts, concerns, and ideas. All submissions will be confidential and handled solely by Mary and Susan. Help us better serve our clients and volunteers! Make your opinions heard by contacting VolunteerFeedbackForum@gmail.com, or by filling out a secure form at Manna on Main Street.

A Super Supporter

Judy Rowland passed our sign on Main Street for years before she decided to come inside last March. As soon as she saw what Manna was all about, she knew that she wanted to be a part of the team. Considering her skills as a customer service manager, she was perfectly suited to be our volunteer receptionist. She most enjoys



talking with Manna's guests, and the feeling she gets when she completes a job that she knows will help someone. Judy has become an integral member of the Manna family, and she says that she hopes to continue volunteering for many years to come. Trust us, Judy, we hope so too!

The Great Can-niversary

The summer is a time for barbeques, baseball, beach-going, and of course, Manna's August Food Drive. This year, help make our 30th Anniversary a very special CANniversary by signing up to be a Community Captain.

Wondering what it takes to be a Community Captain? All you have to do is pick up your food drive kits at Manna, and pledge to drop one off at each house on your block. Each kit contains details on the food drive, a list of items we need most, and a bag to fill with donations. Then, you will return to collect the donations on August 13th and bring them here to Manna. Last year, our Captains collected 5,000 lbs of food - help us collect even more this year!

All Community Captains will receive an official Captain's Certificate, and there will be prizes for the top three Community Captains who bring in the most food. Want to join us in the fight against local hunger? Visit www.MannaOnMain.org or contact Liz (Liz@MannaOnMain.org) to learn more.





Manna on Main Street ... that everyone might be fed

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Summer 2011

Manna on Main Street
215-855-5454
www.MannaOnMain.org
Manna@MannaOnMain.org

Staff:
Phyllis Alcaro: Bookkeeper
Tom Allebach: Executive Director
Valerie McGruder Cortes: Administrative Manager
Elizabeth Coyne: Director of Volunteers
Nancy Day: Food Service Aid
Kristyn DiDominick: Development Associate
Kristin Kidd: Food Service Aid
Barry McCaffery: Food Service Manager
Nadja Mummery: Case Manager



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Helpers at Manna on Main Street ...

... are special. They serve the community in a variety of ways. They cook, serve meals, wrap gifts and so much more. Some contribute as much as two hours a day; others contribute as few as two hours a year. We respect and appreciate whatever time you can give. Please call Manna on Main Street at 215-855-5454 to learn how to share your special gifts with the community.